

REVERSE-ENGINEERING EXERCISE

A Personal Reflection Tool for Providence Church

Biblical maturity is about godly character that produces godly action. By God's grace, we become the kind of people who take responsibility for repenting of sin, gaining wisdom, leading our families, serving our church, and taking the good news of Jesus to the world. The following exercise is intended to help you think about the kind of person you want to be, and what it will take to get there.

In each of the categories listed below, answer the following three questions:

1. What issues am I neglecting or trying to cover up?
2. In what ways am I trying to take short cuts in this area?
3. What action could I take right now to become the kind of man I want to be in this area?

HEALTH *Exercise, eating, sleep, Sabbath, vacation, etc. (1 Corinthians 6:20)*

SPIRITUAL DISCIPLINES *Bible study, prayer, solitude, reading, etc. (1 Timothy 4:7)*

FINANCES *Job, giving, debt, simplicity, generosity, etc. (1 Timothy 5:8)*

MARRIAGE/FAMILY *Conflict resolution, leadership, gentleness, sex, parenting, etc. (Proverbs 21:5)*

CHARACTER ISSUES *Repentance, healing, forgiveness, growth, etc. (Luke 6:43)*

MISSION/MINISTRY *Church involvement, missional relationships, service, discipling others, etc. (Ephesians 4:15-16)*

Further Reflection: What one or two changes would make the biggest difference? How will I pursue these changes?